

Bagram News Express



START RIGHT, FINISH STRONG

VOL. 4 ISSUE 10, MARCH 5, 2010

C-130 Low-cost low-altitude combat airdrops now operational



U.S. Air Force Tech. Sgt. Andrew Briggs, loadmaster, 774th Expeditionary Airlift Squadron, deployed to Bagram Airfield, Afghanistan, gives the signal to release the chocks on a C-130H Hercules before the crew flies their mission to release four Low-Cost Low-Altitude re-supply bundles, Feb. 6, 2010. This mission marks the first time the Air Force C-130 crew has released LCLA bundles in a combat zone. (U.S. Air Force photo/Staff Sgt. Angelita Lawrence)

**By: Tech. Sgt. Joseph Kapinos
USAFCENT Combat Camera**

BAGRAM AIRFIELD, Afghanistan--U.S. Air Force C-130 aircrews in Afghanistan bring combat supplies to coalition ground forces every day but a new method of airdrop makes deliveries more accurate and flexible for resupply of small, mobile forces.

A C-130H aircrew deployed to Bagram Airfield conducted the first ever C-130 low-cost low-altitude

(LCLA) combat airdrop to resupply soldiers at a forward operating base Feb. 6, and a proof-of-principle phase continued until the concept became operational March 1st.

According to Colonel Keith Boone, director of the Air Mobility Division at the Combined Air and Space Operations Center, LCLA airdrops will be a niche augmentation to its cousin, container delivery system (CDS) airdrops.

"Our main method of supply will continue to be through air-land

missions—landing at airfields and offloading supplies," he said.

"Where that isn't possible, we will deliver sustainment requirements through larger scale CDS—everything from ammunition to meals.

"The LCLA drops will meet the needs of a smaller subset of the units," Colonel Boone said. "This is a significant step forward in our ability to sustain those engaged in

See Drop, Next

Drop, Cont.

counterinsurgency operations throughout Afghanistan."

A C-130 LCLA airdrop is accomplished by dropping bundles weighing 80 to 500 pounds, with pre-packed expendable parachutes, in groups of up to four bundles per pass.

The drops are termed "low-cost" reflecting the relative expense of the expendable parachutes compared to their more durable, but pricier nylon counterparts. "Low-altitude" alludes to the relative height from which bundles are released from the aircraft.

"Our goal for this mission is to fly to a small forward-operating base and drop some of the smaller bundles to them," said Lt. Col. Darryl Sassaman, 774th Expeditionary Airlift Squadron assistant director of operations who flew on the first LCLA combat mission.

"They're different from the usual, larger bundles, which we normally drop."

"Depending on the group we're dropping for, they may not need the mass amount of supplies and equipment, but still need re-supply," he said. "Utilizing these smaller bundles accomplishes that



U.S. Air Force Master Sgt. Clay Holt, loadmaster, 774th Expeditionary Airlift Squadron, helps U.S. Army Sgt. Matthew Davenport, out-load NCO, Combined Joint Special Operation Task Force Afghanistan, load a C-130H Hercules with Low-Cost Low-Altitude re-supply bundles, Feb. 6, 2010. This marks the first time the Air Force C-130 crew has released LCLA bundles in a combat zone. (U.S. Air Force photos/Staff Sgt. Angelita Lawrence)

mission, giving (ground forces) the ability to quickly pick up the supplies and keep moving forward.

"The new airdrop method is another tool airlifters in Afghanistan use to keep ground troops supplied with what they need. In many parts of Afghanistan, rugged ter-

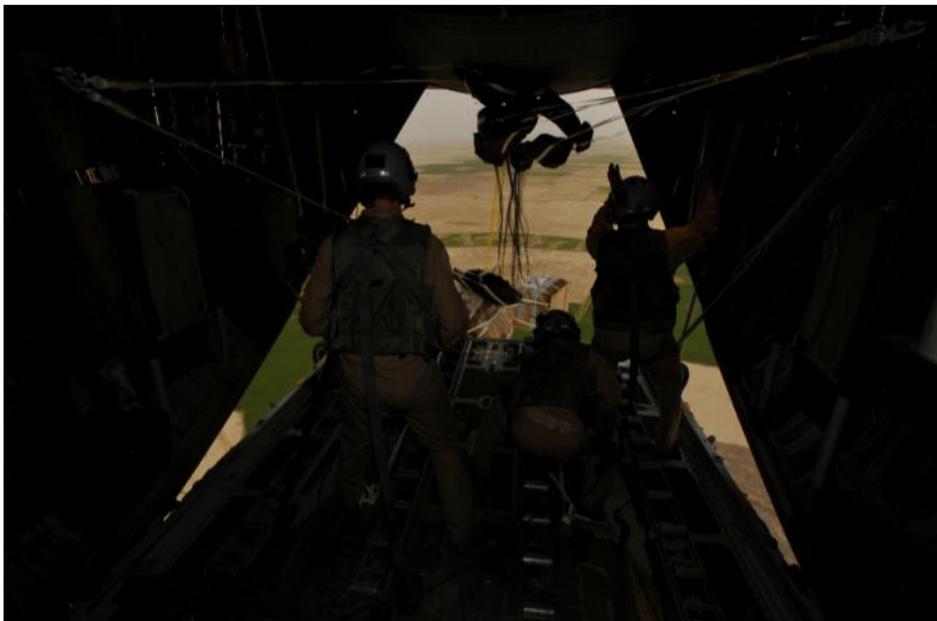
rain and the lack of roads for vehicle convoys make airdrop the only way ground forces get what they need to continue combat operations.

The low-altitude delivery is also more accurate than traditional, higher-altitude airdrop methods and cuts down on "stray bundles" that can land away from the drop zone.

The importance of avoiding those stray bundles was emphasized by Air Mobility Command commander General Raymond Johns, Jr., as part of the briefing prior to the first combat LCLA mission.

"This type of mission has given military members—the ones working in these villages, one day, one yard at a time—another opportunity to be successful," General Johns said. "A random bundle destroying someone's property or even worse, hurting someone, can undo all the progress our folks are making within a village."

In addition to increased accuracy, LCLA drops require no specialized training for parachute riggers and



U.S. Air Force Airmen from the 774th Expeditionary Airlift Squadron, airdropped four Low-Cost Low-Altitude re-supply bundles from a C-130H Hercules, Feb. 6, 2010.

See Drop, Next

Drop, Cont.

can be dropped from a variety of aircraft.

Because the Air Force has quickly developed this capability, only three aircrews were qualified and flew during the proof-of-principal phase. Additional crews will be trained as the requirement develops.

Flying as part of the crew on the historic Feb. 6 mission was important to the veteran C-130 pilot and highlights how critical his unit is to the ground forces in Afghanistan.

"It's pretty amazing to be a part of this particular mission," he said. "We are here on the front lines, doing the mission. A lot of people think we only re-supply people here with mail and food.

"They tend to forget that our primary customers are the guys on the ground," Colonel Sassaman said. "This type of airdrop will directly impact and support them in their fight against terrorism."

The aircrew, deployed from Dyess Air Force Base, Texas, planned extensively and trained locally before they could fly the mission. Along with ground training, the crews held mission-planning exercises, trained onboard the aircraft and flew practice runs at high and low altitudes.



U.S. Air Force loadmasters from the 774th Expeditionary Airlift Squadron, deployed to Bagram Airfield, Afghanistan, release four Low-Cost Low-Altitudes re-supply bundles from a C-130H Hercules Feb. 6, 2010. This mission marks the first time the Air Force C-130 crew has released LCLA bundles in a combat zone.

For one young loadmaster, the training, as well as the mission, offered the chance of a lifetime.

"This mission is pretty cool," said Airman 1st Class Kameron Trout, 774th EAS loadmaster. "I have only been in the Air Force for two years and I was selected to do

something most people only dream about.

"From now on, I will be known as one of the first people to do this in combat," he said. "When I look back on my Air Force career, this is something for which I can be truly proud."



U.S. Air Force Tech. Sgt. Brian Miliefsky, loadmaster, 774th Expeditionary Airlift Squadron, deployed to Bagram Airfield, Afghanistan, watches as the loadmasters prepare for take-off on a C-130H Hercules, Feb. 6, 2010. (U.S. Air Force photos/ Staff Sgt. Angelita Lawrence)

Hearts Apart program helps families stay connected

By: Staff Sgt. Richard Williams, 455th Expeditionary Wing Public Affairs

BAGRAM AIRFIELD, Afghanistan—Staying connected with family from a deployed location can be tough. Limited telephone conversations and occasional e-mails help families stay connected, but there is no substitute for the real thing. To supplement time away from the family, the 455th Expeditionary Force Support Squadron morale, welfare and recreation office offers the Hearts Apart program.

“We offer a system where anyone can come into the learning resource center and record themselves onto a DVD to send it home,” said Travis Luethe, 455th EFSS, director of MWR operations. “It could be a birthday message, reading a bedtime story for children or even just a shout out to your buddies back in the states.”

To participate in the program, an individual comes in and completes a video recording onto a DVD provided by the MWR team. Then the customer receives a disc and is able to send it via free mail. Luethe added one of the best things about the program is that the whole thing is free.

“It’s nice because when someone comes in to read a story and send it home, their children can place it in the DVD player and read along with mom or dad and that can be really important for the children,” Luethe said.

For Tech. Sgt. Lydia Beach, 455th Air Expeditionary Wing, noncommissioned officer-in-charge of chapel operations, the importance of staying connected with her family cannot be stressed enough.

“I think these programs are very helpful on both sides of the deployed environment,” said Sergeant Beach, deployed from Nellis Air Force Base, Nev. “Especially if you do not have a lot of communi-

cation capabilities.”

Sergeant Beach, a mother of three children, participated in a similar program sponsored by the Army recently and said communication opportunities like these are not just important for children, but for a parent’s piece of mind as well.

“I have an 18-month old daughter and I was worried about whether she would forget my voice and that was personally really big to me,” she added. “I think my children are happy to have my DVD and whenever they want they can pop it in and see mom.”

The most important thing, Sergeant Beach added, is for servicemembers to keep in contact with their families as often as they can, whatever avenue they use and the chaplains office encourages everyone to use every means at their disposal.

“We have received a lot of great feedback from the individuals receiving the DVDs,” said Luethe. “The important thing is that people are using the program to let their families know that they are thinking about them.”

Luethe said the program is appointment based so people get enough time to record what they want, but it is available 24 hours a day, seven days a week and they do accept walk-ins as well.

“It is a program that is still under development,” Luethe added. “We would appreciate any donations of children’s books or anything to help the program. If anyone has any suggestions on ways we can improve the program we would love to hear it, because ultimately the program is here for them.”

For more information on the 455th EFSS Hearts Apart program contact Travis Luethe or any member of the MWR staff at 481-6216 or stop by the LRC on Camp Cunningham.

Smoking is allowed:

- In your room
- Between the huts
- In a GOV
- None of the above

Smoking is **ONLY** authorized in designated areas.

By order of the
Wing Commander



Remove your personal information from your parcels and envelopes received from home and shred the information. Names and addresses can be used by the enemy to intimidate or exploit families back at the homefront. Furthermore, your information can be exploited for terrorist and criminal gain. Take a proactive approach to OPSEC and Force Protection - **it is YOUR business!**

455 AEW AT/FP Office: 431-4207
Capt. Sprute - Antiterrorism Officer
MSgt. Holtzmann - Antiterrorism Superintendent

Force Protection is **your** business - everyone is a sensor



**STORY IDEAS
STARTING A NEW MISSION
MEDIA QUESTIONS**

Contact your
455th Public Affairs Office
• DSN 431-2371
or email •
455aew.publicaffairs@bagb.afcent.af.mil

Commentary: Presenting a Professional Appearance

By: Senior Master Sgt. Jim Howard, 455th Expeditionary Aircraft Maintenance Group, 1st Sergeant

One of my first observations as I in processed at Bagram Airfield in early January was the enthusiasm and professionalism of the Airman I encountered. From the PERSCO technicians briefing on that first night to the crew chiefs launching jets on the flightline, everyone seemed to be excited to be here and ready to perform. I did not really expect to see so many positive attitudes in this somewhat austere environment.

This positive "can do attitude" is what we need to get the technical aspect mission accomplished. We also need to apply this attitude in areas that people judge us by such as dress and appearance and facility maintenance. We work in a joint environment that includes our sister services, coalition partners and civilians so it is important that we leave them with a positive impression of our professionalism.

There is an old saying that first impressions are lasting impressions and that you do not get a second chance to make a good impression.

This is true; if the first thing a person notices is that your hands are in your pockets or you are in the wrong uniform, he may judge your other

abilities on this impression. Sometimes the little things do matter and we are judged on our appearance.

We learned the proper wear of the uniform in basic training and these are the minimum standards expected to maintain a professional appearance. A little extra effort ensuring that you have your gloves available for when it is cold or a few extra minutes prepping your uniform can making a lasting impression on those around you.

Another area we need to work on a little on is facility maintenance. Granted, we do not have the best of facilities, but we can make the most of what we have. Proper maintenance of a facility does not necessarily mean manicured lawns or lavish furnishings. We are in a combat zone so no one really expects those things.

Sometimes facility maintenance can be as simple as refraining from destroying what you already have. One of the first things I noticed here at Bagram was the graffiti in the bathroom facilities. Graffiti is not something you would normally see on an Air Force installation so it surprised me to see so much of it here. I

am sure that most of this is just someone expressing their creativity but there is a fine line between artistic expression and filth. The bathroom walls are not really the best place to get creative as you never know who will judge your artwork.

While I found some of the poetry to be mildly amusing, I had to stop and wonder what a visitor would think if they read the same walls. We should want our visitors to be impressed by the professional appearance of our facility rather than disgusted by the things they read on the walls.

Some might say that worrying about appearances is trivial or insignificant to the overall mission here at Bagram. This could not be farther from the truth.

There is an old saying among Senior NCOs "If you cannot trust an Airman to do the small things, like wear a uniform properly, how can you trust him to do the big things like repair a piece of equipment or guard a gate?" The professional appearance that we present demonstrates attention to detail, pride in service and inspires confidence in our ability to accomplish the mission.



Military Justice January 2010

ARTICLE 15 OF THE UCMJ

Non-Judicial Punishment

An Airman from the 455th Expeditionary Security Forces Squadron who failed to have his required equipment and was found sleeping on post received a reduction to the rank of Airman Basic and a reprimand.

An Airman from the 455th Expeditionary Security Forces Squadron who visited the sleeping quarters of a member of the opposite sex in violation of General Order 1B received a suspended

reduction to the rank of Airman Basic, forfeited 500 dollars pay, and was reprimanded.

An Airman First Class from the 455th Expeditionary Security Forces Squadron who allowed a member of the opposite sex to sleep in her quarters in violation of General Order 1B received a suspended reduction to the rank of Airman Basic, forfeited 500 dollars pay, and was reprimanded.

An Airman 1st Class from the 455th Expeditionary Security Forces Squadron who was found sleeping on post received a suspended reduction to the rank of Airman, 15 days extra duty, and a reprimand and forfeited 250 dollars pay a month for two months.

An Airman 1st Class from the 455th Expeditionary Security Forces Squadron who was found sleeping on post received a reduction to the rank of Airman and a reprimand.

A Senior Airman from the 455th Expeditionary Security Forces Squadron who was found sleeping on post received a suspended reduction to the rank of Airman 1st Class, 15 days extra duty, and a

reprimand and forfeited 250 dollars pay a month for two months.

A Master Sgt. from the 455th Expeditionary Aircraft Maintenance Squadron who lost his weapon received a suspended reduction to the rank of Tech. Sgt. and a reprimand.

A Staff Sgt. from the 955th Air Expeditionary Squadron who consumed alcohol at Manas Air Base in violation of local regulations received a suspended reduction to the rank of Senior Airman, forfeited 100 dollars pay a month for two months and was reprimanded.

A Tech. Sgt. from the 855th Air Expeditionary Squadron who consumed alcohol in violation of General Order 1B received a reduction to the rank of Staff Sgt.

NOTE: Punishments may vary from Airman to Airman. When deciding on an appropriate level of punishment, commanders take into consideration the member's oral and written presentation, the member's duty performance and past history of misconduct, the need for good order and discipline, and the nature and circumstances of the offense(s).

Bagram Airfield Air Force
PT Uniform Standards...



Shirt must fit properly.

Shirt must be tucked in.

Wear shorts at the waist.

Do not roll up your shorts.

Wear white socks not black socks.



History Spotlight: Alexander's Afghanistan Conquest

By: Tech. Sgt. Scott Gaitley, 455th Air Expeditionary Wing Historian

Alexander of Macedon
(c. 330 B.C. - 327 B.C.)

Persia's greatest adversary was Greece, and in 334 BC, Alexander the Great crushed the Achaemenid Empire of King Darius III.

Only 24 years old, Alexander's military genius conquered the Mediterranean coast and the Achaemenid capital at Persepolis, in modern Iran. His kingdom in ruins, Darius III fled to Afghanistan where he was betrayed and killed by the Bactrian governor Bessus, who in turn proclaimed himself king.

In 330 BC, Alexander started east with an estimated 27-30,000-man fighting force at his command. His direct pursuit of Bessus was halted by revolt in Aria (Herat). Turning south, covering 75 miles in two days, he quickly subdued the surprised rebels and moved on into Drangiana (along the Hilmand) and from there, he pushed on into Arachosia (Kandahar and Ghazni),

on to Paropamisadae (Kabul-Charikar), up the Panjshir Valley and over the Khawak Pass to Drapsaka (Kunduz).

The two chief cities of Bactria, Aornos (Tashkurghan) and Bactra (Balkh), surrendered without resistance in the spring of 329 B.C.

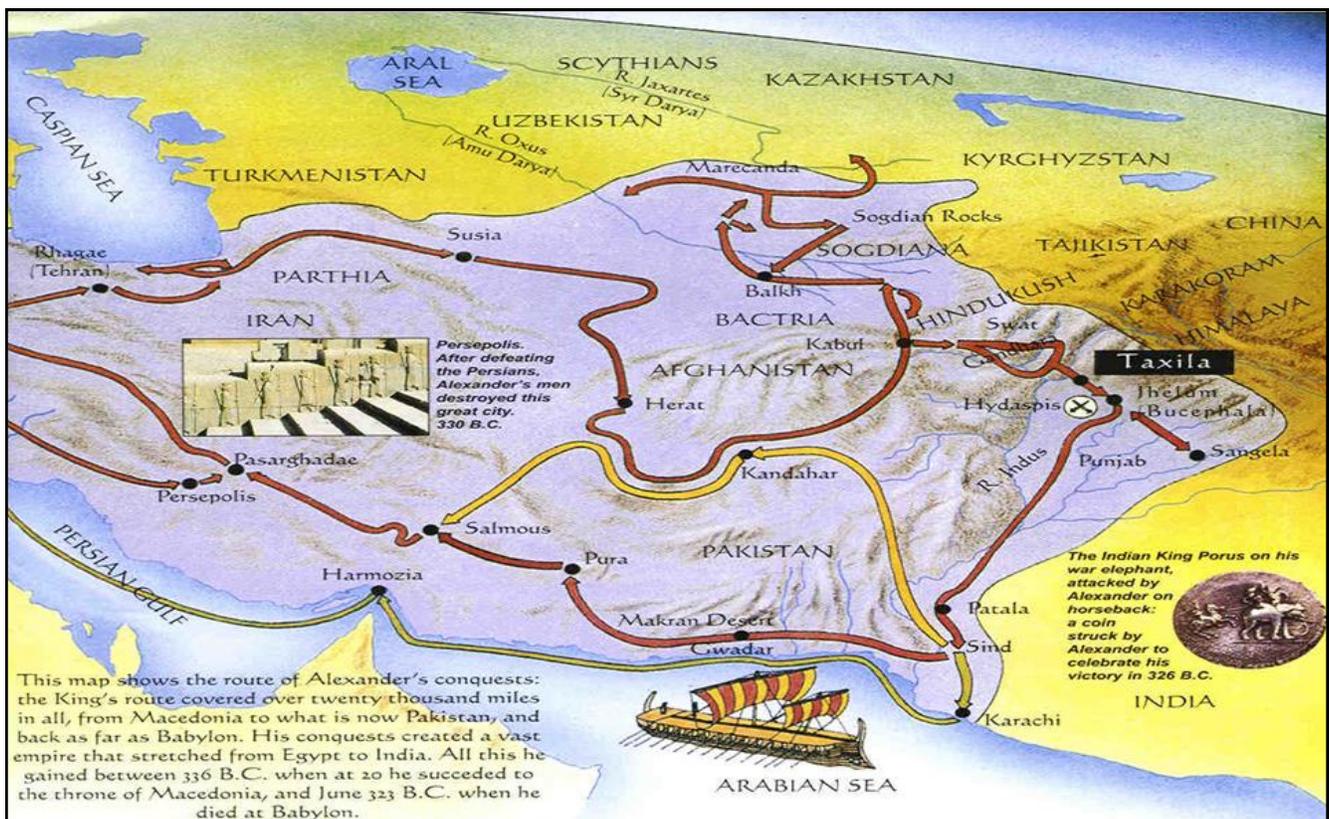
Bessus was captured, put into chains and executed. Some Bactrian chieftains offered their submission and were confirmed as *satrapies* (governors of provinces); many fought on with the aid of nomadic groups mounted on swift horses.

Two years of campaigns brought less than total success. Afghanistan got deep into Alexander's blood. He tried to set himself up as a dictator, donned Persian dress, and taken a bride Balkh, named Roxanne. This behavior led to conspiracies, executions and distressing uneasiness within the Greek camp.

He founded Bagram as a base for his invasion of India. Campaigns in

the Punjab and in Sind continued until 327 B.C. when his troops threatened revolt, unless Alexander returned them to their homeland. Alexander eventually returned to Babylon where he died in 323 BC, leaving no named heir but having conquered much of the known world.

Alexander left behind ten years of disorder in Bactria, and thousands of Greeks stationed far from home. Disorder reigned throughout the land. Seleucus, initiated the merging of the Greco-Bactrian kingdom in Afghanistan. This Hellenistic state deep in Asia united East-West culture, scattered the artistry of the Classical world and absorbed the influences of both the central Asian grassland and the Indian subcontinent. Incidentally, Ai Khanoum (in Uzbekistan), is the easternmost Greek city in the world, and it consisted of gymnasiums and theatres performing the Greek tragedies, temples to the old gods and groves of olive trees.



Important tax information

Courtesy of 455th Air Expeditionary Wing Legal Office

Breakthrough tax legislation now allows military spouses the option to claim the same state of domicile as their active-duty spouse, without having to change state residency with every permanent change of station relocation. This legislation, known as the Military Spouses Residency Relief Act, creates significant tax benefits for military families.

The Act corrects a long-standing inconsistency in Federal and state laws that treats military members and their spouses differently when dealing with residency status. Now, a military spouse may be considered a non-resident of a state in which the military family is residing due to military orders. Thus, income earned by a military spouse in the state of temporary residence may not be subject to that state's taxation (although it may be subject to taxation from the spouse's home state). This potentially translates into substantial tax savings and bigger refunds for many military families.

The 455th Air Expeditionary Wing Legal Office is helping military members claim their tax refunds by offering free tax-preparation service by appointment.

If you elect to use this service, simply bring the following information to your tax appointment:

- Social Security numbers and birthdates for the taxpayer, spouse, and dependents, if applicable
- W-2 statements (military personnel may obtain copies of their W-2 forms by logging on to the MyPay website)
- Interest and mortgage statements from banks (1098 and 1099 forms)
- Bank account and routing numbers for direct deposit
- Documentation of day care expenses, together with providers identifying number (tax ID or SSN), if applicable
- Documentation of educational expenses

To make an appointment or more information, contact the Base Legal Office at 431-3251.

Did You Know:

1 in 33 men and 1 in 6 women

will be sexually assaulted

In their *lifetime*?

Every 150 seconds, someone is

assaulted somewhere in

America?

80% of victims *know* their assailant?

Always take a Wingman

If you are interested in becoming a

Victim Advocate, contact

Capt. Jose Milan

DSN: 318-431-4060

455aew.sarc@bgab.afcent.af.



B.A.F. Idol Karaoke Contest!

SUNDAYS 14 FEB THROUGH 14 MARCH
2000-2100
REGULAR KARAOKE @ 1830-2000 AND 2100-2400
CAMP CUNNINGHAM VOLUNTEERS
NEST

Weekly Solo and Duet Winners will be advanced to the finals on 23 March at the MWR Clamshell!

CONTESTANTS WILL BE JUDGED BY A PANEL OF 5 JUDGES WITH 1ST PLACE INDIVIDUAL AND 1ST PLACE DUET ADVANCING TO THE FINALS.
COME ON BAGRAM BRING OUT YOUR TALENT AND TRY TO BECOME THE NEXT B.A.F. IDOL!



NEWS BRIEFS

IMMUNIZATIONS: Are your immunizations up to date? Active-duty members are required to stay current on all immunizations during their deployment. Report to your nearest medical treatment facility to check your status and get vaccinated. For questions, contact Task Force Medical Public Health, 431-4426.

NEWCOMERS INPROCESSING: All Air Force members are required to inprocess with PERSCO. The inprocessing will start your combat pay entitlements. If you have been in the area of responsibility for at least 30 days and you are not receiving combat pay, visit Finance in the crow's nest tower on Camp Cunningham. If you know for a fact that you did not inprocess with PERSCO, visit PERSCO located in Bldg. 700 near the passenger terminal. Call 431-2070/4409 for more information.

COMBAT O: Combat Orientation is every Friday at 0100Z/0530L at the MWR Clamshell. Uniform is Air Force PT uniform for fitness assessment. This is a mandatory briefing for all Air Force personnel assigned to Bagram Airfield. Accountability is tracked and will be forwarded to the first sergeants.

BAF MAIL INSTRUCTIONS:

BAF residents, ensure individuals sending mail have your most current contact information. This alleviates any delays in receiving your mail. Below is the contact information required for individuals to receive mail.

NAME - (Eg. Jane Doe; no rank)

UNIT - (Eg. 455 ECS/SCXK)

Bagram Airfield or BAF

APO AE 09354

AFGHANISTAN HISTORY CLASS:

The weekly Afghanistan History course has changed class time and date from Monday's 1900-2000 to Tuesday's 1900-2000 in the Town Hall on Camp Cunningham. For more information contact the 455th AEW Wing Historian's office at 481-6053.

455th AEW Safety tip of the week

DRIVING ON BAF

With the exception of those military vehicles not equipped with restraint systems, all occupants of vehicles are required to utilize an authorized safety restraint system. The use of a cell phone is prohibited while operating a vehicle, gator, or bicycle. Headphones or earphones will not be worn when operating any motor-driven vehicle or bicycle. If you have questions, contact the Safety Office at 431-4743

455th AEW Financial Tip of the Week

ENTITLEMENTS

Hostile Fire Pay is started as of the date you first arrived in the area of responsibility. It is started by PERSCO and usually takes a week or two to update on your pay record. You only have to be in the AOR one day of the month to receive \$225 for the entire month.

455th AEW Policies and Procedures

Flightline Photography — Personnel on Bagram Airfield are not authorized to take still photography or video imagery on the airfield flightline unless authorized by the 455th Air Expeditionary Wing Public Affairs office and 455th Expeditionary Security Forces Squadron. Images must be used for official use only. Violators of this policy will be detained and possibly taken into custody. Call 455th AEW/PA at 431-2371 for more information.



94.1 FM
Afghanistan

afnbagram@gmail.com
Request Line 431-3339

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Break the Cycle:

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Volunteer

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sleep work Contact your First Sergeant for more details.

WEDNESDAY
0100, 0800, 1300 & 1930
Lightning Thief

THURSDAY
0100, 0800, 1300 & 1930
Couples Retreat

FRIDAY
0100, 0800, 1300 & 1930
Everybody's Fine

SATURDAY
0100, 0800, 1300 & 1930
Sit, Stay, Play Dad
Old Dogs

SUNDAY
0100, 0800, 1300 & 1600
The Blind Side

Vulture's Nest
Movie Nights

Mar 3 Through Mar 7

Looking for something to do?

CAMP CUNNINGHAM'S **Fitness Calendar**
MARCH 2010

FORCE
FREEDOM
941 PM AFGHANISTAN

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
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