

Bagram News Express



START RIGHT, FINISH STRONG

VOL. 4 ISSUE 11, MARCH 12, 2010

Teamwork, quick response key to mission continuity on Bagram



An Airbus A300 rests on the taxiway after its crew performed an emergency landing at Bagram Airfield, Afghanistan, two days prior. (U.S. Air Force photo by/Tech. Sgt. Jeromy K. Cross)

By: Staff Sgt Richard Williams
455th Air Expeditionary Wing
Public Affairs

BAGRAM AIRFIELD, Afghanistan—Airmen assigned to the 455th Expeditionary Maintenance Group were some of the first responders on the scene after an Airbus A300 crew performed an emergency landing here March 1, 2010.

The aircraft, contracted to DHL International, was carrying mail

and cargo when an unsafe gear indicator alerted the crew to a problem. The crew touched down after a visual inspection by tower personnel to ensure the landing gear was extended. Upon landing, the main landing gear collapsed and the aircraft slid to a stop between the runway and a taxi area.

“We were actually accomplishing some work on the flightline when the incident occurred,” said Tech. Sgt. Alexander Figliola, 455th EMXG, crash and recovery. “A call

came over the radio for an in-flight emergency notification system for all emergency responders to come to the flightline.”

Sergeant Figliola, deployed from Royal Air Force Lakenheath, England, said as the aircraft touched down it appeared to be alright, but as it settled on the ground and slowed its airspeed, the left side

See Airbus, Next

Airbus, Cont.

landing gear collapsed and the aircraft began to slide down the runway. He said it finally came to a stop between the runway and a taxiway.

“We were cleared on the runway so we all rushed to the scene not really knowing what to expect,” Sergeant Figliola said. “When we arrived at the aircraft, people were sliding down the emergency slide and the fire department was putting out a small fire around the engine. We were relieved because the situation could have been much worse.”

Once the scene had calmed, Sergeant Figliola’s team began to assess damage to the aircraft and airfield. They also discussed how to move the large aircraft and restore air traffic to one of the busiest flightlines in the world.

“As soon as we saw that everyone was alright, we automatically started discussing the location and what we were going to need to get the aircraft out of the way,” he added. “We knew that we had a lot of prep work ahead of us. We began to coordinate with other units on base to get the heavy equipment



March 3, 2010, U.S. Air Force Airmen lay down matting, so they can move an Airbus A300 after its crew performed an emergency landing at Bagram Airfield, Afghanistan, two days prior. (U.S. Air Force photos by/Tech. Sgt. Jeromy K. Cross)

and supplies needed to get it out of the way.”

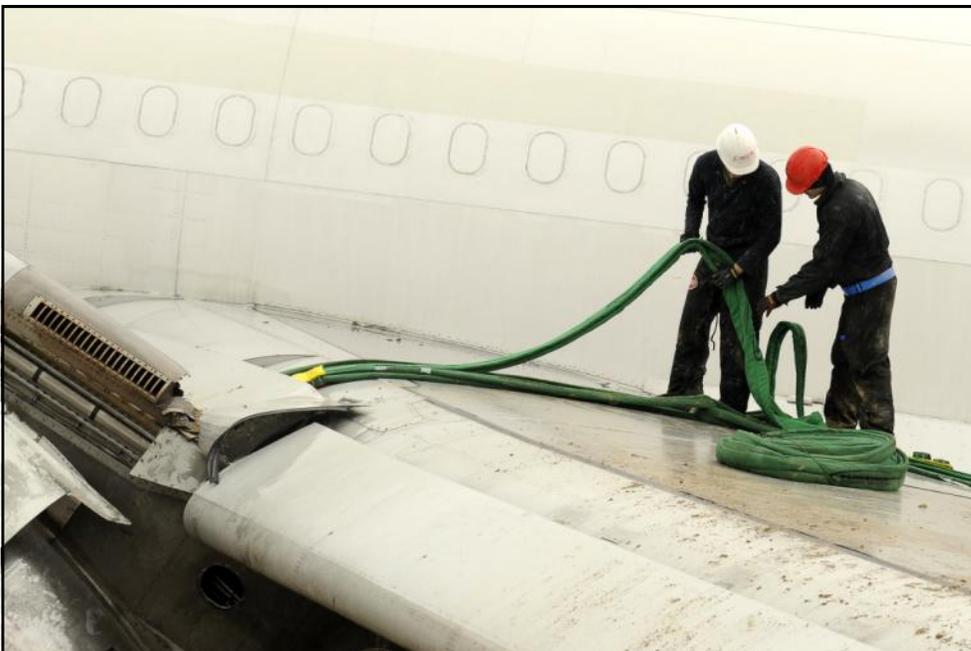
Sergeant Figliola explained the primary mission of crash and recovery is to respond to incidents of this nature and assess damage to aircraft. They also remove damaged aircraft. This particular incident provided unique challenges because although the team is

trained on all air frames, their primary mission had been fighter aircraft. They needed to make adjustments to compensate for the size, weight and location of the aircraft, and the weather.

“Weather was one of the key factors to how we were going to move the plane,” said Sergeant Figliola, a Beverly Hills, Fla. native. “It was raining and the ground was pretty soft, that along with the weight of the aircraft that was still loaded with cargo and fuel made it pretty messy.”

The crash and recovery team, with help from the 455th Expeditionary Civil Engineer Squadron, the U.S. Army, and members of other 455th EMXG flights used a 120-ton civilian contracted crane to raise the left wing of the aircraft, he explained.

Sergeant Figliola said once the left wing was raised, a 40-foot flatbed trailer substituted as the left side landing gear and a Heavy Expanded Mobile Tactical Truck, normally used to tow up armored vehicles and heavy equipment, pulled the aircraft approximately 100 feet to a taxi-



U.S. Air Force Airmen prepare straps used to lift the wing of the Airbus A300. The aircraft was moved approximately 100 feet.

See Airbus, Next

Airbus, Cont.

way parallel to the active runway.

Lt. Col. Jacqueline Mongeon, 455th EMXG deputy commander explained, “Our crash and recovery team responds to all in-flight emergencies to ensure the safety of the aircrew and the aircraft while also ensuring runway operability.”

Colonel Mongeon, deployed from Minot Air Force Base, S.D., pointed out that the crash and recovery team responds to any aircraft incident in a six country region and is trained to handle any airframe. They constantly perform periodic preventive maintenance on their equipment and accomplish training to ensure they are prepared for incidents like this; although, they would prefer there not be a need.

“It was truly a joint effort,” she added. “Our team performed superbly. After their initial assessment of the incident they developed a plan to ensure the safety of the ground personnel, lift and move the aircraft, and re-open the runway to large frame aircraft as



March 3, 2010, U.S. Air Force Airmen, Army Soldiers, and contractors move an Airbus A300 after its crew performed an emergency landing at Bagram Airfield, Afghanistan, two days prior. (U.S. Air Force photos by/Tech. Sgt. Jeromy K. Cross)

expeditiously as possible. They were able to accomplish all of this within 24 hours of being tasked.”

“I can’t say enough about the crew that I worked with,” said Sergeant Figliola. “None of us had a

great deal of hands-on experience with such a large airframe, but we all worked together to accomplish the mission and get the runway operational as safely and efficiently as possible.”



U.S. Air Force Airmen, Army Soldiers, and contractors work together to move an Airbus A300 two days after its crew performed an emergency landing on Bagram Airfield, Afghanistan.

NFL PLAYERS VISIT BAGRAM

Article and photos by: Staff Sgt. Richard Williams
455th Air Expeditionary Wing Public Affairs

BAGRAM AIRFIELD, Afghanistan—Players from four National Football League teams visited Bagram Airfield March 5, 2010, as part of a USO tour of the U.S. Central Command area of operations.

Mario Williams, defensive end for the Houston Texans; Jason Whitten, tight end for the Dallas Cowboys; Vernon Davis, tight end for the San Francisco 49ers and Joe Thomas, offensive tackle for the Cleveland Browns, received a warm welcome from servicemembers.

The players were happy to sign autographs, pose for pictures with the troops and learn about the mission in Afghanistan.

The players visited servicemembers on the flightline, at the Craig Joint Theater Hospital and then stopped by the Pat Tillman USO for a trivia session and to sign a few pictures.

Williams said, "It's great to be able to see the guys who put their lives on the line to protect us and our country."

"It's great that they can come out here and support us," said Tech. Sgt. Thomas Williamson, 455th Expeditionary Aircraft Maintenance Squadron, weapons load team chief. "We have a lot of NFL fanatics out here."

Sergeant Williamson, a 49ers fan from Charleston, S.C., said it means a lot to everyone and the support from the USO is great because it gives everyone a chance to have up close and personal interaction with individuals they would normally only get to see on television.

Williams explained the visit as eye opening for him. He said,



Joe Thomas, Cleveland Browns, signs autographs for Airmen during a visit to Bagram Airfield, March 5, 2010. The National Football League players are on a USO-sponsored tour of the U.S. Central Command area of operations.

"Coming here has been a great experience for me. Just being able to come here and see what the troops have to go through on a daily basis, it has been amazing."

Williams added a message, "I appreciate everything that you guys do. I want to wish all the troops the best, and I hope everyone returns home safe."



U.S. Air Force 1st Lt. Candice Owen, 455th Expeditionary Medical Group/Task Force Medical clinical nurse, explains basic hospital procedures to National Football League players during a visit.

455th AEW Commander discusses wing operations, Airmen's sacrifice

By: Staff Sgt. Richard Williams, 455th Expeditionary Wing Public Affairs

BAGRAM AIRFIELD, Afghanistan—The 455th Air Expeditionary Wing commander spoke with civic leaders from across the United States during a video teleconference, Feb. 25, 2010.

Brig. Gen. Steven Kwast gave stateside civilians a feel for what Airmen are experiencing in Afghanistan and reinforced the importance of and appreciation for community support shown to those deploying and returning. The video teleconference was hosted by Gen. Norton Schwartz, Air Force chief of staff.

"Your Airmen are a part of a tapestry of peace-loving countries from around the world who are part of a grand experiment to see whether nations can stand together to ensure that extremists and radicals do not hijack our future of freedom and liberty," said General Kwast.

There are many differences in accomplishing the missions in Iraq and Afghanistan, and the key to success here is the Afghan people, he said.

"This society has lived through trauma after trauma," he added. "This is important to understand because you must understand the environment in which we are working."

The general explained that since the time of Alexander the Great, the Afghan people have been driving out or adapting to invading forces. This has caused an almost fearful approach to outsiders who have attempted to devastate the Afghan way of life.

General Kwast explained that over the past eight years the coalition had taken a heavy handed approach to combating the insurgency which had at times alienated the coalition from the communities it is trying to help. The implementation of a new counter-insurgency philosophy is designed to gain the respect and trust of

the local communities and teach them how to develop their economy and control their future.

The general touched on four major changes in coalition policy designed to improve relations with the Afghan communities. The first is to do things differently.

"The fact is this war is not about killing insurgents; we have proven we can do that, but there would always be a wealth of insurgents to choose from as long as there are unemployed Afghans who can be intimidated by the insurgency," he said.

General Kwast pointed out that understanding and complying with cultural and societal norms is essential to success. "We must embrace the population and build respect and trust, even if it is something as simple as not interrupting the flow of traffic when we perform convoy operations."

The second change to doctrine is combined action.

"We, as Soldiers, Sailors, Airmen and Marines, integrate with the Afghan National Security Forces to build their capacity to complete a mission on their own," said General Kwast.

He explained that the ability for the Afghans to sustain their military once coalition forces draw down starts with training from the highest level commander to the lowest ranking service member.

Thirdly, unified action is imperative to success.

"Unified action is blending the civilian surge in Afghanistan with all things operational so that it is nested and integrated into a congruent vision of how it will make the Afghan people safer and more secure, by developing their econ-

omy and rule of law," he said.

The fourth major change is reintegration and reconciliation.

"We must understand that of 20 insurgents, only one may be an extremist.

The other 19 are fighting due to financial gain or the protection of their family," explained the general. "We must reintegrate these individuals into the society and give them the means to provide for their families. We must also help them to reconcile with the Afghan government and become viable members of society."

General Kwast said Airmen are an essential part of Afghanistan operations and are making daily contributions.

"Our Airmen are extremely powerful in this multi-faceted, joint environment because they integrate and adapt like no other service," he said. "They are natural teachers and natural thinkers."

The general pointed out that the Air Force culture is very good at building Airmen who think, who are willing to make decisions and ask the second- and third-level questions to better understand, improve and ensure mission success.

"As I travel to different areas around Afghanistan and speak with the battle space owners who are leading our Airmen, the one constant is 'I love your Airmen, I would like to keep them forever, I want 100 just like them,'" he said.

He explained to the civic leaders that air power is perfectly suited to complete a mission in which the coalition is trying to win the trust of the Afghan people and not just kill the enemy. It can be kinetic

See Ops, Next



94.1 FM
Afghanistan

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Request Line 431-3339

Ops, Cont.

or non-kinetic, which is important.

"We bring a robust air transportation program to this country which gives us the capability to air drop food and supplies to outlying areas that are difficult to navigate over land."

The general also pointed out that Air Force intelligence, surveillance and reconnaissance capabilities allow battle space managers to identify the enemy but also identify the pulse of the people and better understand the needs of a community.

Many Airmen are mentors for the Afghan people, he said.

"Our civil engineers are teaching them to build. Our security forces are teaching them how to secure themselves. Our doctors and lawyers are operating mentorship programs designed to build the infrastructure needed to sustain a successful, prosperous Afghanistan," he said.

"One of the most powerful things I have seen is the marriage between our Aeromedical Evacuation teams and the Afghan medics," General Kwast added. "We are teaching them the skills and giving them the capabilities to save Afghan lives."

He cited the recent avalanche in Salang Pass in Afghanistan to which coalition and Afghan forces responded. U.S. Army and Afghan helicopters evacuated Afghan nationals from the scene and brought them to Bagram. Coalition and Afghan doctors saved Afghan lives.

Ongoing support and partnerships like this one, the general said, are essential to the success of operations in Afghanistan. He added the support our coalition shows with humanitarian assistance goes a long way in gaining trust of local communities to show them the ultimate goal of building Afghanistan and not just being an occupying force like so many before.

General Kwast also emphasized the ability to meet training and security re-

quirements comes at a cost to Airmen.

"Our Airmen are seeing a war that is not pretty. Our medical professionals see things that put extreme mental and physical stress on them. Our explosive ordinance disposal teams are out there working to neutralize improvised explosive devices and are seeing a toll on humanity that no one should have to experience," he said.

He also pointed out due to the current operations tempo, which is so accelerated, Airmen are forced to deploy more often than is prudent to maintain a strong, stable family life.

"When I was at Seymour Johnson Air Force Base, N.C., I was watching a Security Forces Airman come home and I was speaking with his wife and three-year-old daughter. As I was speaking to them about their background and life, the wife explained to me that due to the deployment rate, this Airman had only spent four months with his daughter in those three years," he said.

General Kwast expressed the need for communities to understand and provide support for the Airmen on the ground who in some cases have deployed more than 20 times in support of ongoing operations.

"You are tapped into the reality of how we need to support these great patriots who put on the uniform--you see them in a way we as commanders cannot because you see them in the community, you see them in their real life and not in the life where they are forward fighting this battle," said General Kwast.

He asked that civic leaders understand the environment in which their Airmen are working and living on a daily basis.

He asked them to be aware of the stressors as Airmen return home and understand how these stressors affect servicemembers and their families and influence their ability to balance service to their country and duty to their families.

"Your voice can provide the guidance to build the structure and the knowledge to help our nation support not only our Airmen but all servicemembers."

Did You Know:

1 in 33 men and 1 in 6 women

will be sexually assaulted

In their *lifetime*?

Every 150 seconds, someone is

assaulted somewhere in

America?

80% of victims *know* their assailant?

Always take a Wingman

If you are interested in becoming a

Victim Advocate, contact

Capt. Jose Milan

DSN: 318-431-4060

455aew.sarc@bgab.afcent.af.

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~~EVERYONE~~
~~Employees:~~



Must wash their hands before returning to work...

455th Air Expeditionary Wing Warriors of the Week

Senior Airman Alexandria Pickering, 4th Expeditionary Reconnaissance Squadron (Feb. 21-27, 2010)

Senior Airman Alexandria Pickering, 4th Expeditionary Reconnaissance Squadron, is an aviation resource manager deployed from Luke Air Force Base, Ariz.

Airman Pickering's primary duties include preparing and processing flight authorizations as well as ensuring all air crew qualifications are maintained and monitored.

The San Diego, Ca. native was nominated by her supervisor who stated she demonstrates exceptional knowledge of day to day duties, and goes above and beyond the minimum required of her. Since joining the 4th ERS, she has displayed remarkable initiative by streamlining seven aircrew functions provided to preflight aircrews. Her efforts were tested recently as Squadron operations expanded five-fold with zero overlooked requirements. Airman Pickering also manages several additional duties that require her attention on a daily basis to include unit control center representative and building facility manager. She also made a selfless commitment to the entire 455th community by vowing to help others in times of crisis when she chose to become a victim advocate for the sexual assault response coordinator. She eagerly attended the day-long training which happened to take place on the same day as one of her battle rhythm days. She also works diligently to remain combat ready by following a strict health and fitness regimen.



Staff Sgt. Michael Greer, 455th Expeditionary Aircraft Maintenance Squadron (Feb. 28– March 6, 2010)

Staff Sgt. Michael Greer, 455th Expeditionary Aircraft Maintenance Squadron, is an aircraft armament systems specialist deployed from Hill Air Force Base, Utah, and is from Moss Point, Miss.

His primary duty is to load and unload munitions and troubleshoot and repair weapons systems on the F-16 Fighting Falcon.

When asked his thought on being named Warrior of the Week Sergeant Greer replied, "It gives other people a chance to see what we do on the flightline everyday and it highlights my career field."

Sergeant Greer explains the importance of his job by saying, "It keeps servicemembers on the ground safe and allows them to focus on their mission."

His supervision stated Sergeant Greer has a "Take the Bull by the Horns" job and leadership attitude. He steps up no matter what the task to get the mission accomplished. Sergeant Greer stepped up as the weapons section physical training leader—as a certified cross fit trainer he took the weapons section from a 68 to 94 percent pass rate of the 455th Air Expeditionary Wing fitness assessment in just a matter of weeks greatly improving the overall health and well being of the entire section. He has volunteered numerous hours at the USO stocking the refrigerator and has volunteered time and donated equipment at the "Rock" gym for a circuit class. Sergeant Greer continually sets the standard for the 455th EAMU weapons section. He is definitely an example others follow.



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A graphic at the bottom of the page featuring a stack of newspapers on the left, including one with the word "EXPRESS" visible. To the right, the text "Get your Bagram news fix online" is written in a stylized font, followed by "VISIT" in large, bold, blue letters. Below that is the website address "www.bagram.afcent.af.mil" in white text on a dark blue background, with a white mouse cursor arrow pointing to the right.

History Spotlight: Buddhist in Afghanistan

By: Tech. Sgt. Scott Gaitley, 455th Air Expeditionary Wing Historian



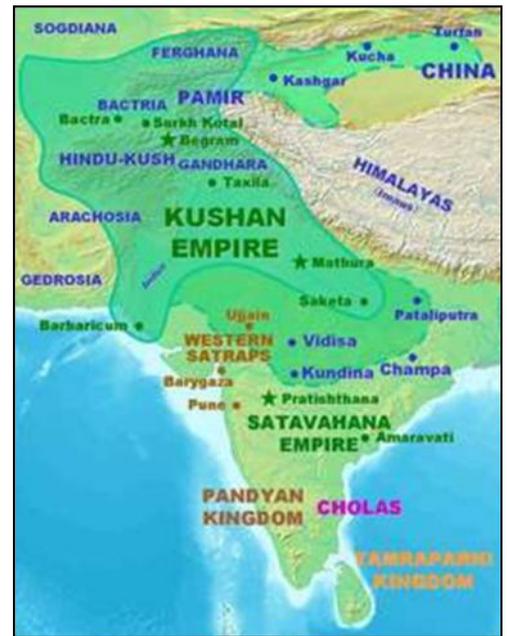
Mauryans & Graeco-Bactrians (c. 305 B.C. - 48 B.C.)

Three years after Alexander departed Afghanistan, his commanders continued to fight over the division of his conquests, and free empires in the east rose and prospered. Seleucus attained control over Alexander's eastern territories, and established his authority in Bactria 305 B.C.; however, south of the Hindu Kush, he lost the Ka-

bul-Kandahar area to the Indian Mauryan Dynasty. The Mauryan Dynasty hastily took control over southern and eastern Afghanistan. A peace treaty with Seleucus was finalized with gifts of 500 elephants and marriages between the Greeks and Indians.

Under the great emperor King Ashoka, the dynasty's legendary ruler reigned from 268-233 B.C., and the Mauryans converted to Buddhism. Buddhist monasteries thrived across Afghanistan, together with rock inscribed laws from Ashoka encouraging readers to pursue a religious life. One found in modern Kandahar was written in Greek and Aramaic.

Buddhism proved appealing to the Graeco-Bactrians. After Seleucus the kingdom fell into a plummeting series of warring factions and dynasties, and the Hellenistic traditions were slowly absorbed by local customs. These invading nomads crossed the Oxus River and overwhelmed Bactria about 130 B.C., but it was Yueh-chih that had the most impact, when they unified under the name of the Kushans. The Kushans soon settled, and took the



best traditions from the Graeco-Bactrians and the Indians to fuse them with the free-spirited nature of the plain. In doing so, they formed an exclusive culture that ruled Afghanistan for five centuries. The new kingdom was idyllically located to exploit the growing trade along the Silk Road. From A.D. 128, the visionary King Kanishka built two capitals at Kapisa (modern Bagram) and Peshawar, created an empire whose influence travelled as far as the Ganges River. The kingdom was the first to represent the Buddha in human form. Monasteries thrived in Balkh, Kandahar, Bamiyan, Samangan, and Hadda near Jalalabad.

In 48 B.C. the last Greek king, Hermaeus, confined to the valley of Kabul, signed an alliance with the nomad chief, now a king, and peacefully ended Greek rule in the Afghan area.

Decline ultimately came with the downfall of the Silk Road, and the Kushans fell before the arrows of their neighbors. In the 3rd century A.D., the Sassanians arrived from Persia and reduced Kushan influence to a state of nonexistence.



STORY IDEAS
STARTING A NEW MISSION
MEDIA QUESTIONS

Contact your
455th Public Affairs Office
☎ DSN 431-2371
or email ✉
455aew.publicaffairs@bagb.afcent.af.mil

Military Justice February 2010

ARTICLE 15 OF THE UCMJ

Non-Judicial Punishment

A technical sergeant from the 455th Expeditionary Aircraft Maintenance Squadron who lost his weapon received a suspended reduction to the rank of staff sergeant and a reprimand.

A staff sergeant from the 455th Expeditionary Maintenance Squadron who lost his weapon received a suspended reduction to the rank of senior airman.

A senior airman from the 455th Expeditionary Communications Squadron who lost his weapon received a suspended reduction to the rank of airman 1st class, forfeited of 150 dollars pay a month for two months, and was reprimanded.

A senior airman from the 4th Expeditionary Reconnaissance Squadron who lost his weapon received 30 days extra duty.

A senior airman from the 655th Air Expeditionary Squadron who wrongfully used hash received a reduction to the rank of airman.

An airman 1st class from the 455th Expeditionary Security Forces Squadron who was found sleeping on post received a suspended reduction to the rank of Airman, forfeited 861 dollars a month for two months, and was reprimanded.

An airman 1st class from the 455th Expeditionary Security Forces Squadron who lost his weapon received a suspended reduction to the rank of airman, forfeited 175 dollars a month for two months, and was reprimanded.

An airman 1st class from the 455th Expeditionary Security Forces Squadron negligently discharged his weapon and received a suspended reduction to the rank of airman, forfeited 861 dollars a month for two months, and was reprimanded.

An airman 1st class from the 455th Expeditionary Security Forces Squadron negligently discharged his weapon and received a suspended reduction to the rank of airman, 20 days extra duty, a reprimand and forfeited 500 dollars a month for two months.

An airman 1st class from the 455th Expeditionary Security Forces Squadron who was found sleeping on post received a suspended reduction to the rank of airman, 20 days extra duty, and a reprimand and forfeited 350 dollars a month for two months.

An airman 1st class from the 455th Expeditionary Security Forces Squadron negligently discharged his weapon and received a suspended reduction to the rank of airman, 16 days extra duty, and a reprimand and forfeited 861 dollars a month for two months.

An airman 1st class from the 455th

Expeditionary Security Forces Squadron who visited the sleeping quarters of a member of the opposite sex in violation of General Order 1B received a reduction to the rank of airman, suspended forfeiture of 861 pay a month for two months, and was reprimanded.

An airman 1st class from the 4th Expeditionary Reconnaissance Squadron who lost her weapon forfeited 750 dollars of pay.

An airman from the 455th Expeditionary Security Forces Squadron who was found sleeping on post and had a prohibited cell phone with him received a suspended reduction to the rank of airman basic, forfeited 773 dollars pay a month for two months, and was reprimanded.

NOTE: Punishments may vary from Airman to Airman. When deciding on an appropriate level of punishment, commanders take into consideration the member's oral and written presentation, the member's duty performance and past history of misconduct, the need for good order and discipline, and the nature and circumstances of the offense(s).



**"Report ALL suspicious activity!
Good installation defense occurs when everyone works together to ensure the safety and security of our war fighters. You are a sentry and force protection is your business!"**

455 AEW AT/FP Office: 431-4207
Capt. Sprute - Antiterrorism Officer
MSgt. Holtzmann - Antiterrorism Superintendent

Force Protection is your business - everyone is a sensor

NEWS BRIEFS

IMMUNIZATIONS: Are your immunizations up to date? Active-duty members are required to stay current on all immunizations during their deployment. Report to your nearest medical treatment facility to check your status and get vaccinated. For questions, contact Task Force Medical Public Health, 431-4426.

NEWCOMERS INPROCESSING: All Air Force members are required to inprocess with PERSCO. The inprocessing will start your combat pay entitlements. If you have been in the area of responsibility for at least 30 days and you are not receiving combat pay, visit Finance in the crow's nest tower on Camp Cunningham. If you know for a fact that you did not inprocess with PERSCO, visit PERSCO located in Bldg. 700 near the passenger terminal. Call 431-2070/4409 for more information.

COMBAT O: Combat Orientation is every Friday at 0100Z/0530L at the MWR Clamshell. Uniform is Air Force PT uniform for fitness assessment. This is a mandatory briefing for all Air Force personnel assigned to Bagram Airfield. Accountability is tracked and will be forwarded to the first sergeants.

BAF MAIL INSTRUCTIONS:

BAF residents, ensure individuals sending mail have your most current contact information. This alleviates any delays in receiving your mail. Below is the contact information required for individuals to receive mail.

NAME - (Eg. Jane Doe; no rank)

UNIT - (Eg. 455 ECS/SCXK)

Bagram Airfield or BAF

APO AE 09354

AFGHANISTAN HISTORY CLASS:

The weekly Afghanistan History course has changed class time and date from Monday's 1900-2000 to Tuesday's 1900-2000 in the Town Hall on Camp Cunningham. For more information contact the 455th AEW Wing Historian's office at 481-6053.

455th AEW Community Standards

WATER USAGE

Conserving water is mandatory for all personnel; gray and black water disposal is a key as well.

"Combat Showers" are mandatory in all shower facilities, including those in the dormitory structures. Total water run time in showers will not exceed three minutes.

Do not leave water running while shaving, brushing teeth, washing dishware etc.

455th AEW Safety tip of the week

DRIVING ON BAF

With the exception of those military vehicles not equipped with restraint systems, all occupants of vehicles are required to utilize an authorized safety restraint system. The use of a cell phone is prohibited while operating a vehicle, gator, or bicycle. Headphones or earphones will not be worn when operating any motor-driven vehicle or bicycle. If you have questions, contact the Safety Office at 431-4743

455th AEW Financial Tip of the Week

ENTITLEMENTS

Tax Free Pay - Tax free pay is started as of the date you first arrived in the area of responsibility. It is started by PERSCO and usually takes a week or two to update on your pay record.

You only have to be in the AOR one day of the month to receive the federal and state tax exemption for the month. You will continue to pay social security and Medicare.

455th AEW Policies and Procedures

Flightline Photography — Personnel on Bagram Airfield are not authorized to take still photography or video imagery on the airfield flightline unless authorized by the 455th Air Expeditionary Wing Public Affairs office and 455th Expeditionary Security Forces Squadron. Images must be used for official use only. Violators of this policy will be detained and possibly taken into custody. Call 455th AEW/PA at 431-2371 for more information.

TATTOOS are not to exceed over 1/4 of the exposed body part. Excessive tattoos are required to be removed upon notification of the commander. If you have a tattoo in question seek guidance from your chain of command.



YOU CAN'T RUN FROM THE RULES

work gym sleep work gym sleep work gym

Break the Cycle:

sleep work gym sleep work gym sleep
work gym sleep work gym sleep work gym
sleep work gym sleep work gym sleep
work gym sleep work gym sleep work gym

Volunteer

sleep work gym sleep work gym sleep
work gym sleep Hospital gym sleep
sleep work Honor Guard gym sleep
work gym sleep Base Clean Up gym sleep
sleep work Security Forces gym sleep
work gym sleep Fire Department gym sleep
sleep work Contact your First Sergeant for more details.

WEDNESDAY
0100, 0800, 1300 & 1930

THURSDAY
0100, 0800, 1300 & 1930

FRIDAY
0100, 0800, 1300 & 1930

SATURDAY
0100, 0800, 1300 & 1930

SUNDAY
0100, 0800, 1300 & 1600

*Vulture's Nest
Movie Nights*

Mar 10 Through Mar 14

Looking for something to do?

THE AMAZING RACE AFGHANISTAN

Where? Bagram Airfield (West Side).
Who? Teams of up to 4 individuals (open to all military and civilians).
How? Sign up at the Vultures Nest on Camp Cunningham
Deadline for sign ups: Midnight, 26 March 2010
When? Sunday, 28 March @ 1330

For official rules and more information, email;
 Travis.luethe.CTR@bgab.afcent.af.mil or
 Jaclyn.johnson.CTR@bgab.afcent.af.mil
 Or call 481-6216 or 447-2221