

AIRPOWER IS THE POWER OF AIRMEN

BAGRAM

NEWS EXPRESS

VOL.6 ISSUE 27, JULY 16, 2010

455th commander sees stars



Lt. Gen. Mike Hostage, Commander, U.S. Air Forces Central Command, and Maj. Gen. John Campbell, Commander, Combined Joint Task Force-101, pin a star on Col. Jack Briggs, Commander, 455th Air Expeditionary Wing. Brig. Gen. Briggs' promotion ceremony was held at Bagram Airfield, Afghanistan, July 10, 2010. (U.S. Air Force photo/Staff Sgt. Christopher Boitz)

By Tech. Sgt. Drew Nystrom
455th Air Expeditionary
Wing Public Affairs

Col. Jack L. Briggs II, the commander of the 455th Air Expeditionary Wing, was promoted to brigadier general Saturday in a ceremony held here

on the same flight line where Airmen are providing airpower to warfighters throughout Afghanistan.

Lt. Gen. Mike Hostage, Commander of U.S. Air Forces Central Command, Southwest Asia, presided over the ceremony and, with the help of Maj.

Gen. John F. Campbell, 101st Airborne Division and Combined Joint Task Force-101 commander, pinned on General Briggs' stars in front of a joint and coalition audience.

See STARS, Next

STARS, Cont.

A brigadier general is a commissioned officer who is entitled to fly a flag to represent where he or she exercises command, hence the term 'flag officer.' All flag officers must be nominated by the President of the United States and then confirmed by the U.S. Senate. General Briggs was presented with his personal flag by the AFCENT commander.

"This is an important day," General Hostage said. "We pick our very best and our very brightest to lead Airmen in combat.

"Being selected to command the 455th AEW was because of our estimation of what he could do for this wing in combat in partnership with the ground force commander," General Hostage said. "He knows what combat is like, he knows how to lead men and women in combat and how to be a partner. You've got the right guy leading this wing."

General Hostage recounted a career that could be summed up with the phrase, 'The road less traveled.'

From becoming an instructor pilot as a lieutenant at his first duty station to his selection as the first Olmsted Scholar to the Republic of Hungary, to taking the reins as the Director of Inspections at the Pentagon, General Hostage noted the unorthodox career

See STARS, Next



Brig. Gen. Jack Briggs, Commander, 455th Air Expeditionary Wing, delivers his personal remarks after his promotion ceremony held at Bagram Airfield, Afghanistan, July 10, 2010. Lt. Gen. Mike Hostage, Commander, U.S. Air Forces Central Command, presided over the ceremony. (U.S. Air Force photo/Staff Sgt. Christopher Boitz)



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STARS, Cont.

path that gave the new general officer the right amount of breadth to lead Airmen into combat.

After the pinning ceremony and the presentation of his command flag, General Briggs addressed the audience.

"I've thought hard over the last couple of days about what to say," said the newly minted general after receiving his stars, "and I always come back to two words: 'Thank you.'"

Beginning with his staff and continuing with mentors accrued throughout a 24-year career, General Briggs thanked those who influenced and helped guide him to a level that only one in one thousand Air

"I have to thank the many mentors I have been blessed to learn from. Your patience and firm hand has been the daily guide to me along my career."

- Brig. Gen. Jack Briggs II

455th Air Expeditionary Wing commander

Force officers attain.

"I have to thank the many mentors I have been blessed to learn from. Your patience and firm hand has been the daily guide to me along my career," General Briggs said.

From his junior high Junior Reserve Officers' Training Corps commander at San Jose Junior High School, the same school attended by General

Campbell and the newly selected commander of AFCENT, Maj. Gen. Stephen L. Hoog, to Adm. James Stavridis, the Supreme Allied Commander, Europe, General Briggs took time to recount the important role each has played.

"Each of these people had a

See STARS, Next



Lt. Gen. Mike Hostage, Commander, U.S. Air Forces Central Command, presents Brig. Gen. Jack Briggs, Commander, 455th Air Expeditionary Wing, his personal colors. Brig. Gen. Briggs' promotion ceremony was held at Bagram Airfield, Afghanistan, July 10, 2010. (U.S. Air Force photo/Staff Sgt. Christopher Boitz)



Lt. Gen. Mike Hostage, Commander, U.S. Air Forces Central Command, administers the oath of office to Brig. Gen Jack Briggs, Commander, 455th Air Expeditionary Wing. Brig. Gen. Briggs' promotion ceremony was held at Bagram Airfield, Afghanistan, July 10, 2010. (U.S. Air Force photo/Staff Sgt. Christopher Boitz)

STARS, Cont.

direct positive effect on my performance and opportunities," he said.

It was from these folks the general said he learned the difference between simply calling himself an Air Force pilot and being an Air Force officer.

The general credited his circle of friends with keeping him grounded.

"No one can keep a fighter pilot's over-developed sense of self-worth in check better than a group of true friends," General Briggs said. "There are many and to you I say thank you for telling it like it is and keeping me honest."

The general's most sublime thanks and appreciation were reserved for his family.

"To my mother and father, your never-ending support and confidence in your son has made all the difference in my life. As

parents, role models and friends you have shown me the truth," he said.

To his children, he said, "Your accomplishments make me happy, but who you are as people makes me proud."

Recognizing the important part a supportive spouse and partner plays in the success of a military career, General Briggs said to his wife, "Thank you for your undying love and support. Having an Air Force career is a team sport. We have lived every minute of it never knowing the next step, but always relying on each other to make the very best of the opportunities presented."

Thanks were followed by a reminder of the general's vision and definition of what airpower means to him.

"Airpower is the power of Airmen. That power does not come from rank or position. It comes from each of us doing our

"Airpower is the power of Airmen. That power does not come from rank or position. It comes from each of us doing our very best. It is the power of service, the power of integrity and the power of excellence."

- General Briggs
455th AEW
commander

very best. It is the power of service, the power of integrity and the power of excellence," he said.

"It is a power that is needed more than ever in combat and I am honored to be a part of this incredible team capable of such incredible power."

455th Expeditionary Mission Support Group

Changes Command

**By Tech. Sgt. Drew Nystrom
455th Air Expeditionary Wing
Public Affairs**

Airmen assigned to the 455th Expeditionary Mission Support Group welcomed their new commander during a formal change of command ceremony here, July 9, 2010.

Col. Jeffrey R. Hunt, previously assigned to U.S. African Command, assumed command from Col. Christopher A. Pike.

"Jeff, welcome to the team and welcome to the fight," said Brig. Gen. Jack Briggs II, the 455th Air Expeditionary Wing commander and officiating officer. "As you assume command of this group, do not try to fill Colonel Pike's shoes. Instead, stand

on his shoulders as you take this group to an even higher level of performance, discipline and execution. That performance, discipline and execution are what distinguishes the 455th EMSG and the 455th AEW as key members of the joint fight."

General Briggs noted the new group commander's breadth of experience as key to success in his new mission.

"Colonel Hunt has served in both the enlisted and officer ranks around the world from Korea, to the UK to Africa," Gen. Briggs said. "This three-time squadron commander could not be more prepared to assume group command."

"I'm excited by the opportunity to

command the EMSG," said Colonel Hunt. "It is a defining moment in my life and I'll do my best to serve you [General Briggs] and to serve these Airmen."

In shadowing Colonel Pike over the last eight days getting to know the mission and Airmen of the EMSG, Col. Hunt said, "what I have seen is incredible. The teamwork and accomplishments are just staggering. It is my honor and privilege to be the next in line to continue that tremendous success."

Colonel Pike's next assignment is with the 21st Expeditionary Mobility Task Force as the vice commander at McGuire Air Force Base, N.J.



Col. Jeffrey Hunt, 455th Expeditionary Mission Support Group commander, receives the 455th EMSG guidon from Brig. Gen. Jack Briggs, then Colonel, 455th Air Expeditionary Wing commander, during the 455th EMSG change of command ceremony at Bagram Airfield, Afghanistan.

The ceremony was conducted July 9, 2010.

*(U.S. Air Force photo/
Staff Sgt. Christopher
Boitz)*

History Spotlight:

Buddhism in Afghanistan

By: Ms. Ashley Armes, 455th Air Expeditionary Wing Historian

After Alexander the Great's conquest of the region and his death in 323 B.C., Bactria, or modern-day Afghanistan, continued under the administration he established for more than two centuries.

His cavalry commander, Seleucus, founded the Seleucid dynasty, and Greek colonists and soldiers began to settle in the Hindu Kush region. For the next several years, Greek generals ruled the area. Around 316 B.C., Chandragupta Maurya from India defeated the Macedonians and took control of several southeastern Seleucid areas, including parts of present-day Afghanistan.

At its largest, the Mauryan Empire encompassed much of present-day India and it introduced Indian culture, and Buddhism, to the area.



Initially, the statues were fired at for several days using anti-aircraft guns and artillery. In the end, the Taliban lowered men down the cliff face and placed explosives in the Buddhas. (Courtesy Photos)

King Ashoka, Chandragupta Maurya's grandson, ruled the Empire from 268-233 B.C. During this time, the Mauryans converted to Buddhism, and Buddhist monasteries began to appear across Afghanistan.

Buddhism appealed to the Graeco-Bactrians and spread north. In 250 B.C., Northern Bactria, which had not been conquered by the Mauryan Empire, declared independence from Seleucid, or what was left of Macedonian rule.

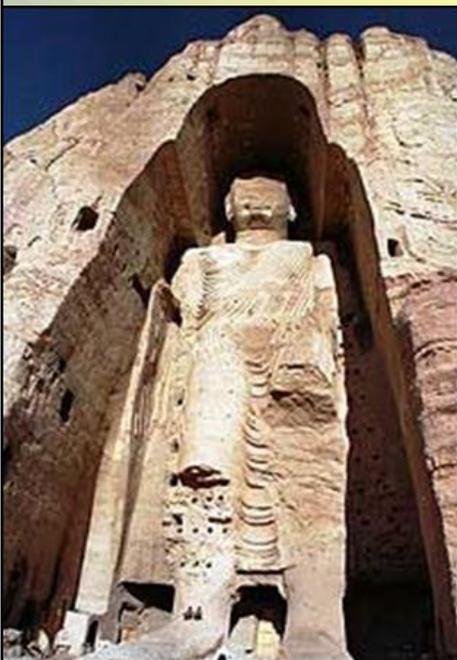
Around 130 B.C., nomadic tribes called Kushans invaded Bactria and consolidated power. And in 128 A.D., King Kanishka built two capitals: one at Kapisa (modern Bagram) and the other at Peshawar. All the while, Buddhism remained entrenched in Bactria.

At one time, Buddhist monasteries thrived across the region, including in Balkh, Kandahar,

Bamiyan, and near Jalalabad. Statues of Buddha could be found in Bamiyan, Afghanistan, on the Silk Road about 120 miles north of Kabul. These were called the Buddhas of Bamiyan, and the two largest statues portrayed Buddha standing and were approximately 180 and 121 feet high, respectively.

The statues dated to the 6th century A.D. and were physically carved into the side of the mountain.

Radical clerics in Afghanistan tightened their control on Afghan society in the late 1990s and despite the protests of several countries, the Taliban destroyed the historic statues because they considered them idolatrous and un-Islamic. In 2003, the United Nations Educational, Scientific, and Cultural Organization designated the area a world heritage site.



One of the Buddhas of Bamiya statues before its destruction in 2001. (Courtesy Photo)

455TH AIR EXPEDITIONARY WING WARRIOR OF THE WEEK

Staff Sgt. Melissa Weinbender, 19th Expeditionary Weather Squadron

Staff Sgt. Melissa Weinbender of the 19th Expeditionary Weather Squadron is this week's 455th Air Expeditionary Wing *Warrior of the Week*.

Sergeant Weinbender forecasts and monitors weather across Afghanistan in support of Task Force ODIN-Afghanistan's airborne intelligence, surveillance, and reconnaissance systems.

She briefs manned and unmanned aerial system aircrews on "go/no go" weather prior to every mission with an average of 75 per day. She also continuously monitors weather for any mission limiting conditions that would affect the launch, recovery or ISR collection flight operations while keeping crews updated of alternate routes and landing locations in the event of adverse weather.

Her supervision nominated Sergeant Weinbender because of the exceptional ability she has shown.

Utilizing her excellent forecasting ability, she has accurately forecasted weather conditions for numerous successful medical evacuations, recovery, and combat over-watch operations during her time at Bagram Airfield, Afghanistan.

Sergeant Weinbender's expertise has directly assisted in providing ISR support over the Korngal region supporting troops-in-contact which contributed to the safe return of over 600 soldiers.



**Bagram Airfield Air Force
PT Uniform Standards...**

Shirt must fit properly.

Shirt must be tucked in.

Wear shorts at the waist.

Do not roll up your shorts.

Wear white socks not black socks.

TATTOOS are not to exceed over 1/4 of the exposed body part. Excessive tattoos are required to be removed upon notification of the commander. If you have a tattoo in question seek guidance from your chain of command.

YOU CAN'T RUN FROM THE RULES

Legal Spotlight:

What Can the Service Member's Civil Relief Act Do for Me While I'm Deployed?

By: The 455th Air Expeditionary Wing Legal Office

There are several ways the SCRA can help deployed servicemembers while they are deployed. This article will address the most frequent issues raised prior to and during a service member's deployment.

Court and Administrative Proceedings: The SCRA provides for an automatic stay of at least 90 days upon a proper request from the member in civil administrative and judicial matters. The member who is unable to appear in court on the date required because of active military service must request this SCRA protection in writing and include certain information with the request. After receiving the written request, the judge, magistrate or hearing officer must grant a minimum 90-day delay. The member's letter requesting postponement is not an appearance or waiver of any defense by the member. Any additional delay beyond the mandatory 90-day period is within the discretion of the judge, magistrate or hearing officer. You should

know that this protection does not apply to criminal matters.

Termination of Real Estate Leases: A member may terminate, without penalty, leases and rental agreements entered into before or during active military service for real estate properties (i.e., residences, businesses) if the member meets certain conditions. Generally, the member must be called to active duty service for at least 90 days, or receive military orders for a permanent change of station or orders to deploy for at least 90 days. Such terminations also cancel any obligation of the member's dependents under the lease.

Termination of Automobile Leases: The SCRA creates a new protection to allow a member to terminate an automobile lease that the member signs either before or during active duty if the member meets certain conditions. Generally, a reserve or guard member must, after entering the lease, be called to active duty service for at least 180 days or more.

An active duty member must, after entering the lease, **EITHER:**

(a) receive military orders for a permanent change of station either (i) from the continental United States (CONUS) to outside CONUS or (ii) from a state outside CONUS to any location outside that state **OR**

(b) deploy for 180 days or more.

The information provided in this document is general in nature and meant only to provide a brief overview of various legal matters. Rights and responsibility vary widely according to the particular set of circumstances in each case.

Do not rely upon the general restatements of background information presented here without discussing your specific situation with a legal professional. These are a few of the topics covered under the SCRA. If you would like further guidance contact the Bagram Legal Office located on the second floor of the old Russian Tower, **318-431-3251**.



STORY IDEAS
STARTING A NEW MISSION
MEDIA QUESTIONS

Contact your
455th Public Affairs Office
@ DSN 431-2371
or email @
455aew.publicaffairs@bagb.afcent.af.mil

455TH AIR EXPEDITIONARY WING



455 AIR EXPEDITIONARY WING COMMANDER'S POLICY ON EQUAL OPPORTUNITY (EO)

People matter and our "diversity" is our greatest strength. The diversity of the personnel assigned, as with the diversity of our nation, is an inherent part of our strength and an example to the world that equal opportunity and treatment strengthens a nation and benefits all people. As active proponents of these ideas and values, we must ensure every Air Force military and civilian member has the opportunity to reach their

fullest potential. We can only reach this goal when we work in an environment that values human dignity and is free of discrimination and harassment. Fair and equal treatment for our workforce is critical to building the trust and respect that underlies teamwork and combat readiness. Each one of us, whether military or civilian, leader or subordinate, plays a key role in creating and maintaining a positive working and living climate...this is a top priority of all Airmen.

Be aware of the possible effects of your words and actions, and what goes on around you. Think before making personal comments and set a positive example by treating everyone with respect. We are all responsible for maintaining a professional working environment where everyone can contribute their best. Make sure there is no place for offenses of this nature on BAF! You deserve it; our country expects it.

Bagram (FOBs/Tenant) Teams will ensure equal opportunity for all members regardless of their race, religion, color, sex, or national origin; nor will civilian employees and applicants be discriminated against based on age, disability, or reprisal. It is leaders' responsibility at all levels to create an environment free from harassment, unlawful discrimination and reprisal.

I expect everyone to know and support the Air Force's zero tolerance policy on unlawful discrimination and sexual harassment. We must work hard to ensure there is no discrimination or sexual harassment on our installation. I will accept nothing less because Airpower is the power of Airmen.

If you have an equal opportunity and treatment problem or need to discuss a related issue, *I encourage you to use your chain of command and attempt to resolve the issue at the lowest possible level.* If this is not possible, contact my Equal Opportunity Office at (318) 481-6226, Camp Cunningham, Bldg 25115B.



A handwritten signature in black ink that reads "Jack L. Briggs II".

JACK L. BRIGGS II
Brigadier General, USAF
Commander

SARC FAQs

Sexual Assault Prevention Safety/Risk Reduction Information:

Sexual Assault can occur in any type of relationship, but most perpetrators of sexual assault are known to their victims. Among victims ages 18 to 29, two-thirds had a prior relationship with the offender. The Bureau of Justice Statistics reports that, in 2000, 6 in 10 rape or sexual assault victims said that they were assaulted by an intimate partner, relative, friend, or acquaintance. Call the Sexual Assault Response Coordinator (SARC) at 431-4060 or contact via Command Post at 431-4400 for help. Army members should seek assistance with their Unit Victim Advocate or D-SARC; you may also call 431-4060 or 431-4400 via Command Post for assistance.

Always take a Wingman

If you are interested in becoming a Victim Advocate, contact
Maj. Greg Jones
DSN: 318-431-4060

SARC SMARTS

Q. What is the SAPR Program?

A. The Sexual Assault Prevention and Response Program was designed by the Department of Defense as a means of eliminating incidents of sexual assault through awareness. Its main focus centers on training and prevention of sexual assault in the military. It provides training and awareness to Airmen about how to prevent becoming a victim.



The Eagle Eyes program is an Air Force anti-terrorism initiative that enlists the eyes and ears of Air Force members and citizens in the war on terror. Eagle Eyes teaches people about the typical activities terrorists engage in to plan their attacks. Armed with this information, anyone can recognize elements of potential terror planning when they see it. You are encouraged to learn the categories of suspicious behavior and stay attuned to your surroundings.



- **Surveillance** – Recording or monitoring of activities
- **Elicitation** – People or organizations attempting to gain information about military operations, capabilities or people.
- **Tests of Security** – Any attempts to measure reaction time to security breaches or to penetrate physical security barriers or procedures in order to assess strengths and weaknesses.
- **Acquiring Supplies** – Purchasing or stealing military sensitive equipment (ACOGS, NVGs, AN-PEQ 15), weapons, ammunition, uniforms, passes or badges or any other controlled items.
- **Suspicious Persons** - People who do not belong in the workplace or base.
- **Dry Run** – Putting people into positions and moving them around according to their plan without actually committing the terrorist act.
- **Deploying Assets** – People and supplies getting into position to commit the act.

All Bagram personnel (military and civilian) are vulnerable to exploitation. The Eagle Eyes program relies on everyone to report suspicious activity they observe. If you notice any suspicious activity with an immediate threat, report the incident to the Provost Marshall's office or Security Forces. If the incident is just suspicious, please call AFOSI at 481-8469.



**Victim Advocate Training
for the 455 AEW
Sexual Assault
Prevention
and Response
Program**



**No experience needed; men and women welcome
All ranks are encouraged to participate**

**Training will be 0900-1800, 22 Jul in the CAT, upstairs
Bldg 593 (EAPS Bldg)**

**If you are interested, please contact Maj Greg Jones:
431-4060 or gregory.jones@bgab.afcent.af.mil**

NEWS BRIEFS

NEWCOMERS INPROCESSING: All Air Force members are required to in-process with PERSCO. The in-processing will start your combat pay entitlements. If you have been in the area of responsibility for at least 30 days and you are not receiving combat pay, visit Finance in the crow's nest tower on Camp Cunningham. If you know for a fact that you did not in process with PERSCO, visit PERSCO located in Bldg. 700 near the passenger terminal. Call 431-2070/4409 for more information.

COMBAT O: Combat Orientation is every Friday at 1245Z/0515L at the MWR Clamshell. Uniform is Air Force PT uniform for fitness assessment. This is a mandatory briefing for all Air Force personnel assigned to Bagram Airfield. Accountability is tracked and will be forwarded to the first sergeants.

BAF MAIL:

BAF residents, ensure individuals sending mail have your most current contact information. Ensuring proper postal codes are used alleviates any delays in receiving your mail. Below is the contact information required for individuals to receive mail.

NAME - (Eg. Jane Doe; no rank)

UNIT - (Eg. 455 ECS/SCXK)

Bagram Airfield or BAF

APO AE 09352

CITIZENSHIP FOR MILITARY MEMBERS:

If you are a deployed member of the U.S. Armed Forces and interested in becoming a U.S. citizen, you may be eligible to apply for citizenship under a special provision in the Immigration and Nationality Act. The Combined Joint Task Force 101 legal client service office can assist and conduct naturalization ceremonies on Bagram Airfield in May and November of each year. For any questions or assistance contact the CJTF- 101 legal client service office at 481-8540.

COMBAT STRESS: has two new programs to help servicemembers cope with traumatic events. Trauma Restoration helps individuals overcome stress reactions from traumatic combat and operational events they've experienced, while Trauma Resiliency training helps the individual prepare for successfully performing in a future potentially traumatizing event. Groups are available each week-contact CSC for further information at 431-4639 or view the RC East CSC website at <http://bgrma7afgmedsh1/CSC/default.aspx>.

455th AEW Safety tip of the week

SPEED LIMITS -Eight (8) kilometers per hour (kph)/five (5) miles per hour (mph) when approaching or passing troop formations, in parking lots and troop areas, to include billeting areas, and when driving on Disney Road during physical training (PT) hours with a pass. Twenty-five (25) kph/fifteen (15) mph unless otherwise posted. If you have questions, please contact the Safety Office at 431-4743.

455th AEW Financial Tip of the Week

SDP (Savings Deposit Program) - was established to provide members of the uniformed services serving in combat zones the opportunity to build up their financial savings. Member needs to be in the AOR for at least 30 consecutive days in order to participate in the program. Deposits can be made by allotment, check or Eagle Cash Card. Copy of orders, current Leave and Earnings Statement and Identification Card are required to make a deposit. Deposits may not be less than five dollars and must be in multiples of five dollars. You can only deposit the amount of paychecks you have accrued in the deployed location. Amounts up to 10, 000 dollars may be deposited, earning 10 percent interest per annum (two and one half percent quarterly). Interest will continue to accrue on the account up to 90 days after departure from the combat zone. After that 90 days, interest will stop accruing. You can track/withdraw your SDP via myPay.

455th AEW Policies and Procedures

FLIGHTLINE PHOTOGRAPHY — Personnel on Bagram Airfield are not authorized to take still photography or video imagery on the airfield flight line unless authorized by the 455th Air Expeditionary Wing Public Affairs office and 455th Expeditionary Security Forces Squadron. Images must be used for official use only. Violators of this policy will be detained and possibly taken into custody. Call 455th AEW/PA at 431-2371 for more information.

ALL MOVIES
AND TIMES ARE
SUBJECT TO CHANGE!

MWR 8-BALL THEATRE MOVIE SCHEDULE 11 July 10 - 17 July 10



**11-July-10
 Sunday**

09:00-The A Team / F.R.M.
 11:00-Wyatt Earp
 12:40-Beverly Hills Cop
 14:30-Analyze This
 16:20-17:20-Closed For Cleaning
 17:25-The Butterfly Effect
 19:20-Death At A Funeral
 21:00-Resident Evil
 22:45-Child's Play 2
 00:25-01:25-Closed For Cleaning

**15-July-10
 Thursday**

09:00-Iron Man 2 / F.R.M.
 10:45-Vertical Limit
 12:55-Bowfinger
 14:40-Swordfish
 16:30-17:30-Closed For Cleaning
 17:35-Phonebooth
 19:10-The A Team / F.R.M.
 21:10-Death At A Funeral / F.R.M.
 22:50-Restraining Order
 00:30-01:30-Closed For Cleaning

✦F.R.M. = First Run Movie

**12-July-10
 Monday**

09:00-Iron Man 2 / F.R.M.
 10:45-Proof Of Life
 13:10-Beverly Hills Cop 2
 14:45-Stranger Inside
 16:30-17:30-Closed For Cleaning
 17:35-Deuce Bigalow
 19:15-Set Up For Lessons
 20:00-23:30-Salsa Lessons
 23:30-00:30-Closed For Cleaning

**16-July-10
 Friday**

09:00-The Family Man
 12:15-Tombstone
 14:30-Jurassic Park
 16:40-17:40-Closed For Cleaning
 17:45-Instinct
 19:55-Iron Man 2 / F.R.M.
 21:40-Devil's Advocate
 00:10-01:10-Closed For Cleaning

**13-July-10
 Tuesday**

09:00-The A Team / F.R.M.
 11:00-Breakaway
 12:40-Showdown In Little Tokyo
 14:05-Phenomenon
 16:10-17:10-Closed For Cleaning
 17:15-Joy Ride
 19:00-Set Up For Lessons
 20:00-23:30-Salsa Lessons
 23:30-00:30-Closed For Cleaning

**17-July-10
 Saturday**

09:00-The A Team / F.R.M.
 11:00-Apocalypse Now
 13:35-8 Mile
 15:40-16:40-Closed For Cleaning
 16:45-A Family Thing
 18:45-Death At A Funeral / F.R.M.
 20:45-Iron Man 2 / F.R.M.
 22:30-A Few Good Men
 00:50-01:50-Closed For Cleaning

**14-July-10
 Wednesday**

09:00-Death At Funeral / F.R.M.
 10:40-A Perfect World
 13:05-We Are Marshall
 15:30-16:30-Closed For Cleaning
 16:35-The Bridges Of Madison County
 19:00-20:00-Closed For Set Up
 20:00-00:00-ROCK BAND
 00:00-01:00-Closed For Cleaning



POC:
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ALL MOVIES
AND TIMES ARE
SUBJECT TO
CHANGE!

MWR DRAGON THEATRE MOVIE SCHEDULE 11 July 10 - 17 July 10



**11-July-10
 Sunday**

09:00-Cyrus / F.R.M.
 10:40-Uncle Buck
 12:20-The Italian Job
 14:10-The Bourne Identity
 16:10-17:10-Closed For Cleaning
 17:15-Clueless
 18:55-Millennium
 20:45-Knight & Day / F.R.M.
 22:35-The Terminator
 00:30-01:30-Closed For Cleaning

**15-July-10
 Thursday**

09:00-Vampires
 10:35-The Island
 12:55-Surfer, Dude
 14:15-The Fast And The Furious
 16:10-17:10-Closed For Cleaning
 17:15-2 Fast 2 Furious
 19:10-Cyrus / F.R.M.
 20:50-Fast & Furious
 22:40-Triangle
 00:15-01:15-Closed For Cleaning

✦F.R.M. = First Run Movie

**12-July-10
 Monday**

09:00-A Knight's Tale
 11:15-A View To Kill
 13:35-Mambo
 15:10-The Detonator
 16:50-17:50-Closed For Cleaning
 17:55-About Schmidt
 20:00-Cyrus / F.R.M.
 21:40-Tightrope
 23:30-00:30-Closed For Cleaning

**16-July-10
 Friday**

09:00-Day & Knight / F.R.M.
 10:50-The Grudge 2
 12:40-Shallow Ground
 14:20-All The King's Men
 16:30-17:30-Closed For Cleaning
 17:35-The Dukes Of Hazzard
 19:15-Cyrus / F.R.M.
 20:55-Men Of Honor
 23:15-00:15-Closed For Cleaning

**13-July-10
 Tuesday**

09:00-Day & Knight / F.R.M.
 10:50-Heist
 12:40-The Crow
 14:20-Blind Dating
 16:00-17:00-Closed For Cleaning
 17:05-Set Up For Event
 18:00-19:00-BINGO
 19:30-Quarantine
 21:00-Twin Falls Idaho
 22:50-Formula 51
 00:30-01:30-Closed For Cleaning

**17-July-10
 Saturday**

09:00-The Mogul
 10:40-Slipstream
 12:15-Son-In-Law
 13:55-Reindeer Games
 16:10-17:10-Closed For Cleaning
 17:15-Evolution
 18:55-Day & Knight
 20:45-The Hunted
 22:25-Misery
 00:30-01:30- For Cleaning

**14-July-10
 Wednesday**

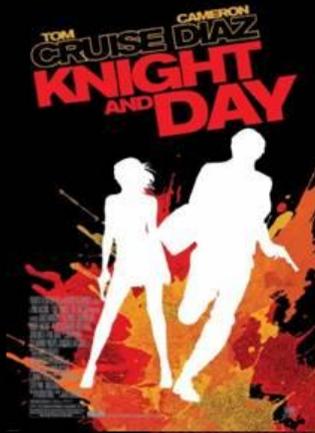
09:00-Cyrus / F.R.M.
 10:40-The Untouchables
 12:40-The Pursuit Of Happyness
 14:40-Spreading Ground
 16:20-17:20-Closed For Cleaning
 17:25-Pride And Glory
 19:35-Day & Knight / F.R.M.
 21:25-Sahara
 23:30-00:30-Closed For Cleaning



POC:
lavonna.gregory@fluor.com
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WEDNESDAY

0100, 0800, 1300 & 1930



SATURDAY

0100, 0800, 1300 & 1930



THURSDAY

0100, 0800, 1300



Movie Under The Stars

1930 @ Town Hall

Valtare's Nest
Movie Nights

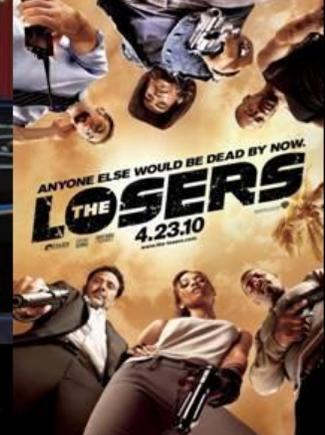
FRIDAY

0100, 0800, 1300 & 1930



SUNDAY

0100, 0800, 1300 & 1600



July 14 Through July 18



University of Maryland University College Europe

CMST 100G – Intro to Microcomputers: Spreadsheets Microsoft Excel 2007 (1 SH)

An introduction to the use of electronic worksheets to analyze numerical data, including basic terminology, formats, and other applications. Hands-on practice with typical spreadsheet software is provided.

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DSN 431-3104, bagm@ed.umuc.edu or stop by BAF
Education Center

Registration Center E963
www.ed.umuc.edu

CAMP CUNNINGHAM's



JULY 2010

Recreation Calendar



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
The Vultures Nest 481-6216/447-2221				1 BINGO 0800 Black Jack 1930 HRS TEXAS HOLD 'EM 1930 HRS	2 POOL TOURNAY 1500 BINGO 1930 SPADES 2100	3 BINGO 0045 TEXAS HOLD 'EM 1200 TOURNAMENT OF CHAMPIONS 1930 HRS
4 COMMANDERS CUP Karaoke 1900 hrs	5 BINGO 0800 POOL TOURNAY 1500 OMAHA 1930	6 TEXAS Hold'em 0800 & 1930	Trivia Night 1930 hrs Black Jack 2100 hrs	8 BINGO 0800 Black Jack 1930 HRS TEXAS HOLD 'EM 1930 HRS	9 BINGO 1930 SPADES 2100	10 BINGO 0045 TEXAS HOLD 'EM 1330 & 1930 HRS
Black Jack 1800 Karaoke 1900 hrs	12 BINGO 0800 OMAHA 1930	13 TEXAS Hold'em 0800 & 1930	Trivia Night 1930 hrs Black Jack 2100 hrs	15 BINGO 0800 Black Jack 1930 HRS TEXAS HOLD 'EM 1930 HRS	16 POOL TOURNAY 1500 BINGO 1930 SPADES 2100	17 BINGO 0045 TEXAS HOLD 'EM 1330 & 1930 HRS
Black Jack 1800 Karaoke 1900 hrs	19 BINGO 0800 POOL TOURNAY 1500 OMAHA 1930	20 TEXAS Hold'em 0800 CASINO NIGHT 1930	Trivia Night 1930 hrs Black Jack 2100 hrs	22 BINGO 0800 Black Jack 1930 HRS TEXAS HOLD 'EM 1930 HRS	23 BINGO 1930 SPADES 2100	24 BINGO 0045 TEXAS HOLD 'EM 1330 & 1930 HRS
Black Jack 1800 Karaoke 1900 hrs	26 BINGO 0800 OMAHA 1930	27 TEXAS Hold'em 0800 & 1930	Trivia Night 1930 hrs Black Jack 2100 hrs	29 BINGO 0800 Black Jack 1930 HRS TEXAS HOLD 'EM 1930 HRS	30 BINGO 1930 SPADES 2100	31 BINGO 0045 TEXAS HOLD 'EM 1330 & 1930 HRS

CAMP CUNNINGHAM's



Fitness Calendar

July 2010



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
THE ROCK FITNESS CENTER 431-3585				1 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING	2 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 CORE CLASS 2000 MMA	3 INDEPENDENCE DAY 5K 0600 AVISAR 0530/1430/1630 P90 X 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING
4 COMMANDERS CUP 1400 P 90 X 1600 Plyometrics 1830 YOGA 2000 MMA	5 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 CORE CLASS 2000 MMA	6 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING	7 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 YOGA 2000 CORE CLASS 2000 MMA	8 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING	9 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 CORE CLASS 2000 MMA	10 0530/1430/1630 P90 X 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING
11 1400 P 90 X 1600 Plyometrics 1830 YOGA 2000 MMA	12 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 CORE CLASS 2000 MMA	13 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING	14 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 YOGA 2000 CORE CLASS 2000 MMA	15 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING	16 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 CORE CLASS 2000 MMA	17 0530/1430/1630 P90 X 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING
18 1400 P 90 X 1600 Plyometrics 1830 YOGA 2000 MMA	19 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 CORE CLASS 2000 MMA	20 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING	21 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 YOGA 2000 CORE CLASS 2000 MMA	22 2100	23 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 CORE CLASS 2000 MMA	24 5 ON 5 BASKETBALL 1400 0530/1430/1630 P90 X 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING
25 1400 P 90 X 1600 Plyometrics 1830 YOGA 2000 MMA	26 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 CORE CLASS 2000 MMA	27 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING	28 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 YOGA 2000 CORE CLASS 2000 MMA	29 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING	30 0530/0800/1430/1700 P90 X 1200 ABS WORKOUT 1900 CORE CLASS 2000 MMA	31 0530/1430/1630 P90 X 1200 ABS WORKOUT 1830 YOGA 2000 JIU JITSU 2100 KICKBOXING

SIGN UP AT THE ROCK FITNESS CENTER

SIGN UPS END **30 JULY!!**

DEPLOYED LOCATION RACE BAGRAM, AFGHANISTAN



AIR FORCE MARATHON

FULL * HALF * 10K
SEPTEMBER 4, 2010



PHOTOS FROM 2009 DEPLOYED RACE LOCATIONS.

Time: 0500

Location: MWR CLAMSHELL

POC: KENNY JENKINS @ THE ROCK FITNESS CENTER 431-3585

Presenting Sponsors:

NORTHROP GRUMMAN



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